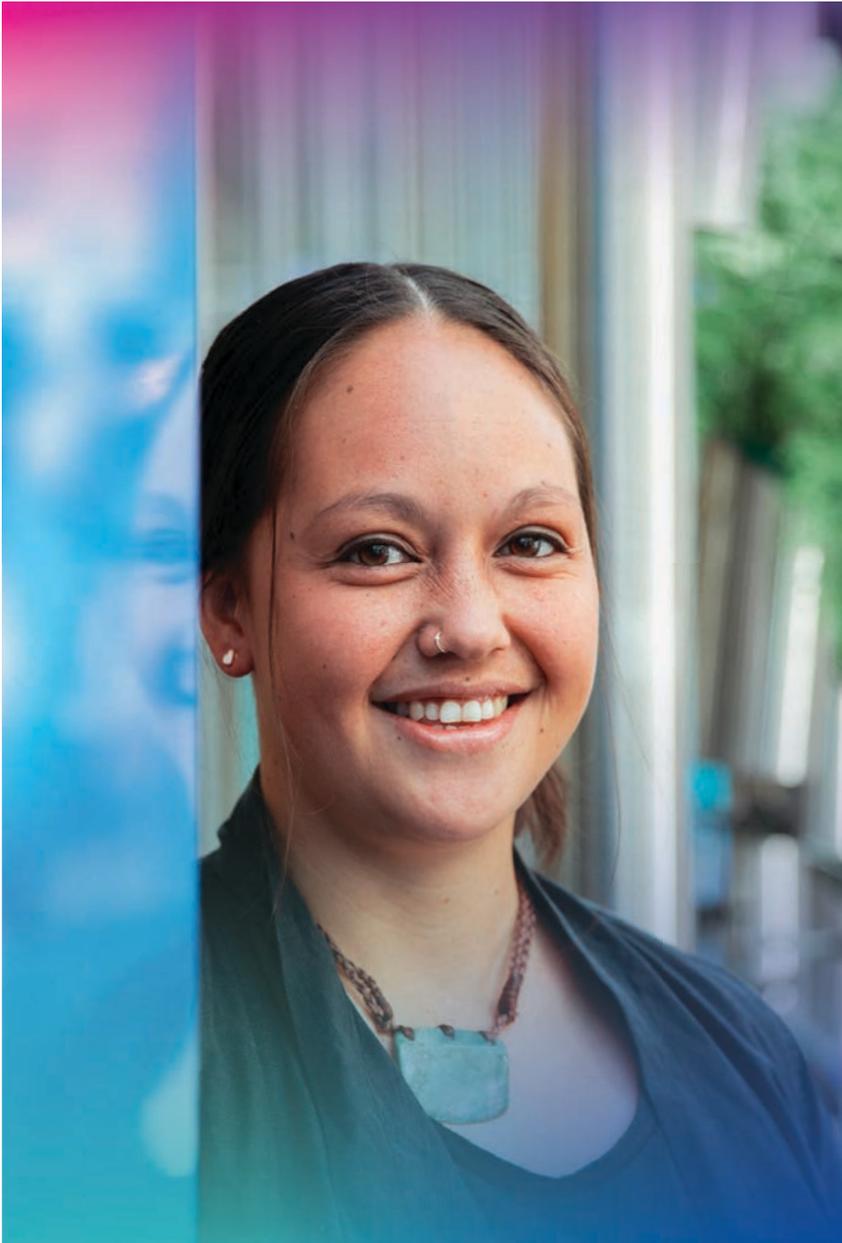




# Build Your Future Now



“

The course I did through He Toki was a great stepping stone and absolutely beneficial to my life.

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Kiri Amaara Pitman,  
*He Toki student*

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Full-time mum Kiri Amaara Pitman had a dream to become a midwife but she didn't have the entry requirements to study a midwifery degree. Thanks to a study and career preparation course through He Toki, Kiri is now partway through a Bachelor of Midwifery. Her goal is to "be an amazing Māori midwife and incorporate Māori practices into the way I practice."

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## Dream big. Prepare to go far.

Imagine yourself in five or ten years: doing something you really love, being great at it and sharing the rewards with your whānau.

He Toki at Ara is your ticket to that bright future. We're committed to helping you be the best you can be - for yourself, your whānau and your community. We'll get you started and we'll help you go far - maybe further than you ever thought possible.

### To make it happen, we provide:

- Free study options designed to lead to apprenticeships and job opportunities
- Wrap-around support to ensure you succeed in your studies
- Opportunities to grow your understanding of te ao Māori
- Pathways to diploma and degree qualifications
- Scholarships for higher-level study
- A commitment to honouring who you are and sharing your journey - at Ara and beyond

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## You can totally do this

Study with He Toki at Ara and you're on your way to bigger, better things and a real sense of achievement and pride. With our support, you can nail it!

### **These are just some of the benefits of studying with He Toki:**

- Your study is free\*
- We'll give you all the personal and academic support you need to succeed
- We'll guide and mentor you to reach your full potential
- We can help you with course-related costs (such as books and travel expenses) and work-related costs (like tools)
- We'll help you get your driver's licence

- You'll learn alongside other Māori in an environment where everyone is inspired to be proud of their culture and believe in themselves
- You'll share your journey with Māori and Pacific students from other areas of Ara, feel a real sense of belonging and share in your successes
- You'll explore your identity and your confidence will skyrocket
- You'll make life-long friends and become part of the Māori Trades Training tradition
- We'll guide you towards higher-level study, connect you with employers and help you find job opportunities
- If decide to do further study, we can help you make the transition and support you to achieve your study goals

\* For Māori aged between 16 and 40.

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## He Toki training options

### **Carpentry**

Equip yourself with a wide range of carpentry skills needed for employment in the building and construction industries, including the ability to use tools and machinery and interpret drawings. Can lead to: an apprenticeship; employment; further study e.g. degree in construction management, architectural studies; self-employment; business ownership.

### **Joinery**

Learn the fundamental skills required to work in the joinery industry, including how to use hand and power tools, select timber and construct simple items of furniture. Can lead to: an apprenticeship; employment; self-employment; business ownership.

### **Painting and Decorating**

Equip yourself with essential skills for the painting and decorating industry, including how to prepare surfaces, apply paint and wallpaper and use specialised materials to create effects. Can lead to: an apprenticeship; employment; self-employment; business ownership.

### **Mechanical Engineering Trades**

Prepare for a career in mechanical engineering trades by learning essential practical skills including welding, fabrication, machining, fitting and maintenance. Can lead to: an apprenticeship; employment; self-employment; business ownership.

### **Electrical Engineering Trades**

Gain the practical electrical engineering trade skills and knowledge required to prepare for a career as a registered electrician. Can lead to: an apprenticeship; employment; self-employment; business ownership.

### **Motor Industry Trades**

Enhance your opportunities in the motor industry by gaining a range of skills needed in auto workshops and vehicle service and repair environments. Can lead to: an apprenticeship; employment; self-employment; business ownership.

### **Plumbing**

Get the skills to begin a career in plumbing, like assembling, installing and repairing pipes, and how to interpret drawings and make basic components. Can lead to: an apprenticeship; employment; self-employment; business ownership.

### **Cookery**

Get ready for a career in commercial kitchen environments by learning professional food preparation and presentation techniques, and essential operational skills. Can lead to: employment; on-the-job training; further study e.g. diploma in cookery or bakery, degree in hospitality management; business ownership.

### **Information Technology**

Gain a broad range of introductory computing skills to set yourself on a path towards a career in the dynamic IT industry. Can lead to: employment; on-the-job training; further study e.g. degree in information and communications technology; specialisation in areas such as networking or app and game development; self-employment; IT start-up; business ownership.

### **Study and Career Preparation**

Prepare for higher-level studies with our six-month certificate in study and career preparation. Can lead to a diploma or degree in: engineering, architecture, construction management, quantity surveying, computing, business, animal care, social work and a range of health-related subjects including nursing, sports science, nutrition and health promotion.

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## Testimonials

“I chose to study through He Toki as I’m proud to be Māori. It’s great, a lot of fun. It’s different to school but definitely helpful for the real world. I’ve really enjoyed meeting new people and doing something I find fun.”

**Miracle Tewaimaria George-Kahukiwa,**  
*He Toki carpentry student*

“The support is excellent. There are people to help with pretty much everything and they’re all super-friendly.”

**CJ Taylor,**  
*He Toki carpentry student*

“The students arrived willing to learn - they wanted to work, hit the ground running and were fully committed. I’d have no hesitation in taking on further students from within the programme in the near future.”

**Neil Kerin, General Manager, Symonite**  
*(employer of He Toki graduates)*

**We believe in you. Your whānau believes in you.  
Your whānau needs you.**

Take the first step on your journey with He Toki.  
Call or visit us today and let’s talk about your future.



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**For more information:**  
ara.ac.nz | 0800 24 24 76