

Health and Science Study options

- Many programmes include placements
- Small class/tutorial-style learning
- Industry-aligned programmes
- Exciting employment outcomes



Health Promotion, Nutrition & Exercise

	Level	Duration	Location	Intakes
New Zealand Certificate in Exercise Turn your passion for sport and exercise into a career in the fitness industry.	4	Full-time: 6 months Part-time: up to 3 years	Christchurch	February, July
Bachelor of Applied Science Equip yourself for a career in health promotion, nutrition or sport and exercise science.	7	Full-time: 3 years Part-time: up to 6 years	Christchurch	February, July

Social Work & Human Services

	Level	Duration	Location	Intakes
New Zealand Certificate in Health & Wellbeing Learn how to support individuals, families and communities through difficult times.	4	Full-time: 1 year Part-time: up to 4 years	Christchurch, Timaru	February, July
Bachelor of Social Work Support individuals and families facing challenging situations by becoming a skilled social work practitioner.	7	Full-time: 3 years Part-time: up to 10 years	Christchurch	February

Animal Science

	Level	Duration	Location	Intakes
New Zealand Certificate in Animal Management (Companion Animal) Combine your passion for animals with the skills and knowledge required to care for them professionally.	4	Full-time: 1 year	Christchurch	February
New Zealand Diploma in Veterinary Nursing Become skilled in a rapidly changing profession and enjoy a rewarding career working with animals and their owners.	6	Full-time: 2 years	Christchurch	February



Enhance your career opportunities in health and science. Apply now to start your journey at Ara Institute of Canterbury in Christchurch!

ara.ac.nz



Laboratory Technology

	Level	Duration	Location	Intakes
New Zealand Diploma in Applied Science (Level 5) Meet the needs of an ever-expanding commercial science sector.	5	Full-time: 1 year Part-time: up to 3 years	Christchurch	February, July
New Zealand Diploma in Applied Science (Level 6) Gain in-demand skills for a career at the forefront of science.	6	Full-time: 1 year Part-time: up to 3 years	Christchurch	February, July
Graduate Diploma of Laboratory Technology Expand your science knowledge and skills for a career as a laboratory technician.	7	Full-time: 1 year Part-time: up to 3 years	Christchurch	February, July

Medical Imaging

	Level	Duration	Location	Intakes
Bachelor of Medical Imaging Combine your interest in science and technology with the rewards of working with people in a health setting.	7	Full-time: 3 years	Christchurch	January, July

Midwifery

	Level	Duration	Location	Intakes
Bachelor of Midwifery Learn how to confidently nurture pregnant women through one of life's most meaningful events.	7	Full-time: 4 years Part-time: available	Christchurch with satellites in Nelson, Marlborough, West Coast and Mid/South Canterbury	January

Nursing

	Level	Duration	Location	Intakes
New Zealand Diploma in Enrolled Nursing Become a confident, competent nurse with enhanced autonomy and clinical responsibility.	5	Full-time: 18 months	Christchurch with satellites in Nelson, Marlborough, West Coast and Mid/South Canterbury	March
Bachelor of Nursing Learn from experts in specialist facilities and help meet the demand for Registered Nurses.	7	Full-time: 3 years	Christchurch, Timaru	January*, March, August *Christchurch only

Osteopathy

	Level	Duration	Location	Intakes
Bachelor of Musculoskeletal Health Gain skills for a health sector career with diverse opportunities.	7	Full-time: 3 years	Christchurch	February
Postgraduate Diploma in Osteopathy* Prepare for registration to become an in-demand, qualified osteopath.	8	Full-time: 1 year	Christchurch	February

*To enrol, you must first have completed the Bachelor of Musculoskeletal Health