

Treatments performed by Certificate students

Eyelash and eyebrow tinting

Look like you're always wearing mascara and frame your face with more defined eyebrows.

\$5	Eyebrow tint
\$5	Eyebrow tidy
\$10	Eyelash tint
\$15	Eye trio (all three above treatments)

Lash lift

Lift your lashes from the root, to give the appearance of volume, curl and length.

\$35	Lash lift
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Manicure or pedicure

Let us pamper you with a manicure or pedicure treatment along with a luxurious hand or foot massage.

\$15	Add \$5 for a paraffin dip
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Facial

Enjoy a luxurious 60-minute facial with active biological ingredients that help your skin preserve its balance and maintain its wellbeing.

\$25

Waxing

Choose from half leg, full leg, underarm, bikini, brows, upper lip or sides of face.

\$5 - \$10	per area
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Spray tan

Get that golden summer glow, all year round.

\$15

Treatments available from 16 October

Relaxation massage

Take time out of your busy day and let us soothe those tired muscles.

\$40	60-minute full body
\$25	30 minute back, neck and shoulder

Makeup application

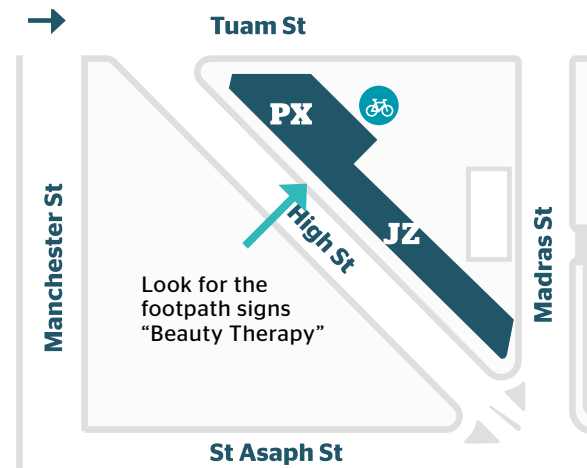
Look fabulous with a professional makeup application and get advice on the products best suited to your face and eye shape.

\$10

Certificate clinic dates 2023

Monday	9.30am - 12.30pm, 2pm - 5pm	19, 26 June
Tuesday	10am - 4.30pm	27 June
Wednesday	9.30am - 4pm	28 June

Christchurch clinic location



To book your appointment: treatments@ara.ac.nz
144 High Street, City campus, Christchurch



ara.ac.nz
0800 24 24 76

Relax, revive and radiate

Beauty therapy treatments at Ara



Ara
Institute of Canterbury
Ara rau, taumata rau



Te Pūkenga



Enjoy a relaxing beauty treatment, performed by an Ara beauty therapy student under professional supervision.

Please note: treatments are priced according to the experience of the student providing them. Certificate and Diploma students are available at varying times; please refer to 2023 clinic dates as shown in this brochure.

Treatments performed by Diploma students

Eyelash and eyebrow tinting

Look like you're always wearing mascara and frame your face with more defined eyebrows.

\$15	Eyelash tint
\$10	Eyebrow tint
\$10	Eyebrow tidy
\$30	Eye trio (all three above treatments)

Lash Lift

Lift your lashes from the root, to give the appearance of volume, curl and length.

\$35

O Cosmedics Facial

A supercharged 60-minute facial with enzymatic benefits. A great starting out treatment, suitable for all skin types.

\$40

Deluxe Manicure or pedicure

Let us pamper you with a manicure or pedicure treatment along with a luxurious hand or foot massage.

\$25	Add \$5 for a paraffin dip
	Add \$10 for a gel polish

Makeup application

Look fabulous with a professional makeup application and get advice on the products best suited to your face and eye shape.

\$25

Full body relaxation massage

Take time out of your busy day and let us soothe those tired muscles.

\$40	60-minute full body
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Waxing

Choose from half leg, underarm, bikini, Brazilian, brows, upper lip, sides of face, chin.

\$15	per area
\$25	Brazilian or full leg waxing (females only)

Treatments available from 28 April

Consultation and Observ skin analysis

Discuss your skin concerns and tell us what you'd like to achieve. Based on your skin consultation and analysis, your therapist will recommend a tailored treatment plan.

FREE

O Cosmedics Pro Dermal Peel*

Our Pro Dermal O Cosmedic treatments of intense, skinchanging results and a youthful, healthy radiance. This includes a soothing alginate mask plus a décolletage and neck massage or hand and arm massage. Your therapist will analyse your skin to determine your peel treatment and daily skin prescription.

\$70

Microdermabrasion/hydrabrasion*

Reveal a brighter complexion with this non-invasive, deep exfoliation treatment or experience a dry and wet exfoliation that will polish, refine and hydrate your skin.

\$40

O Cosmedics Advanced Alginate Mask

Hydrate your skin with this electrolyte-infused skin-boosting treatment.

\$25	Add to facial or microdermabrasion/hydrabrasion
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***Note: a complimentary consultation and skin analysis must be completed before this service is provided for the first time.**

Diploma clinic dates 2023

Tuesday	10am - 4pm	4 April
Wednesday	12pm - 4.30pm	21 June
Thursday	9.30am - 4.30pm	9, 23 March, 27 April, 25 May